



Family of Friends



Bird Tracks

November, 2013

The annual Family of Friends rally was held at the River Plantation RV Park in Sevierville, Tennessee from October 29 to November 3, 2013. Thirty nine coaches enjoyed a week of fall festival fun. Buddy Gregg Motor homes, Coachcraft by MacDonald and Parliament Motor Coach sponsored events and displayed new coaches and items for all to enjoy.

Participants were welcomed with gift bags and a delicious BBQ dinner. Full breakfasts were enjoyed each morning. A trip to Bush Bean along with a luncheon was enjoyed by all. We enjoyed lunch and a free can of baked beans. (Duke still refused to give out the secret family recipe!)

The business meeting was conducted by President Charlie Vaughn. Nominations were opened for next term officers. When no candidates came forward, the current officers agreed to stay for one more year with the caveat that new officers would have to be found or the club's existence will be in jeopardy. By-law changes were presented by Jim Olds, voted on and passed.

President Charlie introduced the idea of area directors. These people will volunteer to assist people traveling in the designated area. This information could range from finding a great dinner location to where to find help on the road. A sign-up sheet found many who were willing to help. Jon Scott gave the FMCA director's report. A committee was named to revamp the newsletter into a simpler format. Brenda Rogers gave a sunshine report. President Charlie asked for favorite memories of the Bird's Nest or fun times encountered while traveling in a Blue Bird. Everyone got in the spirit with much laughter and fond recollections.

The ladies luncheon found everyone enjoying making hats and enjoying the creativeness of those attending. A tech session was held with many new ideas and solutions to problems.

James Weatherford and Chuck Howell provided after dinner entertainment two evenings. Day trips to the Great Smoky Mountains and shopping trips in the area were enjoyed. The leaves were in full color as everyone enjoyed the breathtaking scenery. After meeting new friends and attending their very first rally, Jeff and Rebecca Jack joined the Chapter.

Everyone thanked Tom and Sandi Bay for hosting a great rally.

Cooking is for the Birds! By Rozanne Deshazer

At the Vintage Bird Rally in October, Peggy McKeehan made these wonderful cinnamon rolls and was kind enough to share the recipe. The nice thing about them is that they can be made ahead and refrigerated and baked in the morning when you're ready to serve. I'm thinking about Christmas morning when we like to have something to munch on while we open gifts. Of course, these would be welcome any time you wish to serve them.

CINNAMON BREAKFAST ROLLS by Peggy McKeehan

1 (18.25 oz.) pkg. French Vanilla cake mix	2 tsp. cinnamon
5 1/4 c. all purpose flour	1/2 c. butter, divided and melted
2 (1/4 oz.) packets dry yeast	1/2 c. raisins, divided
1 tsp. salt	3/4 c. chopped pecans, divided
2 1/2 c. warm water (105°-115°)	1 c. powdered sugar
1/2 c. sugar	3 tbsp. milk
	1/2 tsp. vanilla

STIR together first 5 ingredients in a large bowl. Cover and let rise in a warm place (85°), free from drafts for 1 hour. COMBINE 1/2 c. sugar and cinnamon. TURN dough out onto a well-floured surface, divide in half. Roll one portion into an 8X12" rectangle. Brush with half of butter, sprinkle with half of sugar mixture, half of raisins and 1/4 c. pecans. ROLL up starting at long end, cut crosswise into 16 (1 Inch thick) slices. Place rolls into a lightly greased 13X9" pan. Repeat procedure with remaining rectangle. Cover and chill 8 hours. REMOVE from refrigerator and let stand 30 min. BAKE at 350° for 20 to 25 min or until golden, cool slightly. STIR together powdered sugar, milk and vanilla, drizzle over rolls. Sprinkle with remaining pecans. YIELD 32 rolls.

Royal Orange Cake (Martha Rowe Vaughn)

(From the 1969 Pillsbury's Bake Off Cake Cook Book)

1/2 cup shortening (or butter)	1 teaspoon salt (I use less)
1 1/4 cups sugar	1 teaspoon baking powder
2 eggs	1/2 teaspoon soda
2 cups flour	1 cup orange juice

Combine all ingredients. Blend at low speed until moistened: beat 3 minutes at medium speed. Pour batter into greased pan.

Bake in 350° oven for 25 to 30 minutes (may take more) or until top springs back when touched lightly in center in 13x9 inch pan, greased bottom only. Let cool slightly. Spread topping on and broil.

Broiled Coconut Topping 1/4 cup butter. 3/4 cup packed brown sugar. 3 tablespoons orange juice. 1 cup flaked coconut. 1/2 cup nuts (I use pecans) Melt butter and add remaining ingredients. Spread over top. Broil for 2 to 3 minutes until bubbly and brown

TECH TIPS:

Remember to use your Pilot/Flying J card to get a fuel discount and discounts on goods.

Check out FMCA for discount on Michelin Tires. (A good savings!)

SUNSHINE AND MISTS by Brenda Rogers

A special thanks to Tom and Sandi Bay for a great 50th Anniversary Rally in Pigeon Forge October 29 to November 3. Congratulations on a job well-done!

We extend sincere best wishes to Ross and Carolyn Dover on their recent marriage. We wish you many, many years of much happiness as you begin your new life together.

We are sad to learn of the death of Janice Green Lloyd-Condon on November 3 after a long battle with cancer. We send our thoughts and prayers to her husband, Roland Condon, her son Rob, her daughter Karen and her stepdaughter, Monica. Janice is also survived by her Mother, Juanita Green, her brother, Doug and sister, Bev. Her funeral was held on November 7 at Hinman's Funeral Home in Salisbury, Maryland. Janice received her Master's Degree in Social Work from the University of Maryland and was involved in the medical profession until her retirement. She and Roland were married in 1987.

We extend our deepest sympathy to Jimmy Henderson of Birmingham, Alabama, in the loss of his wife, Roberta. Roberta passed away on September 20 at the age of 73. She and Jimmy were married for 55 years. She is survived by Jimmy and their three children – Nancy, James, and Rebecca.

Best wishes to all of you for safe travels. Warm regards, Brenda

Did You Know? By Sharon Kirby

Did you know that there is a book available to help you learn how to replenish nutrients in your body when you are taking medications? The book is called **Drug Muggers** (Which Medications are Robbing Your Body of Essential Nutrients--and Natural Ways to Restore them) by Suzy Cohen, R.Ph. A quote from the back of the book says, "Prescription and over-the-counter drugs help millions of people with devastating disease and chronic conditions. But in the process, these medications can also deplete the body's natural stores of vitamins, minerals, and hormones. Pharmacist Suzy Cohen calls these medications "drug muggers," and she says it's essential to replenish what a drug mugger steals from your body and avoid side effects. Not understanding the drug-mugging effect may lead to new "diseases" and possibly catastrophic health consequences." She discusses different vitamins and minerals by telling about food sources, how and when to take them, what conditions can be caused by a lack of them, etc. It is a very helpful book even if you are not currently taking any medications. I have learned a lot from reading her book!! Thought you might like it also!! By Sharon Kirby

Upcoming Rallies:

Lower Alabama Rally – April 21 – 26, 2014 Hosted by Joe and Susan Crocker

Durango, Colorado Rally – June 1 – 6, 2014

Oswego, New York Harborfest - July 24 - 28, 2014

Susan Crocker takes pictures at each rally and makes a DVD for the attendees. Anyone interested in a DVD can contact Susan at secretary@bluebirdchapter.org Check out the web site for information on rallies, news, and events. If you have an item for the Bird Tracks, please contact Karen James: karen4247@aol.com or vicepresident@bluebirdchapter.org *Watch for an occasional "NEWS FLASH" when information cannot wait for the newsletter!*